



Cut out this guide and post it on your fridge!









# RECYCLING GUIDE

Unsure of what can be recycled? Follow this guide to help.

**MMSM**  
Multi-Material  
Stewardship Manitoba  
INDUSTRY FUNDING RECYCLING  
[SimplyRecycle.ca](http://SimplyRecycle.ca)

## ACCEPTED MATERIALS

-  **Aluminum food and beverage containers**  
(e.g., soft drink cans, tuna cans, cookie tin containers)
-  **Cardboard and boxboard**  
(e.g., cardboard boxes, cereal boxes, paper towel roll)
-  **Cartons** (e.g., milk cartons, soup cartons, juice boxes)
-  **Glass bottles and jars** (e.g., salsa jars, wine bottles, olive oil bottles)
-  **Plastic containers** (e.g., water bottles, laundry detergent bottles, margarine tubs, shampoo bottles)
-  **Printed paper** (e.g., newspaper, magazines, flyers)
-  **Steel food and beverage containers**  
(e.g., soup cans, sauce cans, pet food cans)

## UNACCEPTED MATERIALS

Please do not place any of these items in your blue cart

-  **Aluminum foil, pie plates, and trays**
-  **Black plastics**
-  **Ceramics and crystal**
-  **Foam packaging and plastic film**
-  **Food waste**
-  **Paper towels, napkins, and facial tissue**
-  **Plastic cutlery**
-  **Paper take-out beverage cups**  
(e.g., coffee cups and paper soft drink cups)

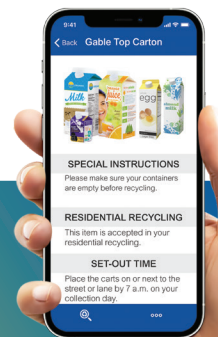
## RECYCLING TIPS

- ✓ Save space in your recycling by flattening boxes. If your boxes are too large to fit inside your recycling, break them down into smaller pieces.
- ✓ Ensure your containers and bottles are clean and empty. A quick rinse is always appreciated to get rid of any lingering smells or food residue.
- ✓ Toss your recyclables into the bin loosely. Don't stuff containers inside one another. This allows them to be sorted easily at the Material Recovery Facility.
- ✓ Leave lids and labels on your food and beverage containers.
- ✓ Don't put anything in your blue cart that your community doesn't accept. Check the Recyclepedia at [SimplyRecycle.ca](http://SimplyRecycle.ca) or download the FREE app!

## 4R WINNIPEG DEPOTS

The 4R Winnipeg Depots are a one-stop-shop for items that are still recyclable, but not in your curbside blue cart. They will also accept household recyclables if your blue cart is full.

- They will accept:**
- Batteries
  - Bicycles
  - Ceramics
  - Electronic waste
  - Household Hazardous Waste
  - Large appliances
  - Large plastics
  - Scrap metal
  - Tires
  - Used oil
  - Wood
  - Yard waste



Take your recycling knowledge on the go by downloading the FREE Recyclepedia app on your smart device.



Space provided through a partnership between industry and Manitoba communities to support waste diversion programs